

## INTRODUCTION TO KAYAK CAMPING CLASS OUTLINE

### STRUCTURE

- one “classroom” session [location TBD, tentatively the Community Boating Center]; August 5, 2010, 6:30 – 9:00 pm
- one day on the water reviewing their gear and learning how to pack into boats; Lake Whatcom; August 14, 2010, 9:00 am – 4 pm
- two nights overnight trip using their skills to “pull off” their first kayak camping trip; September 4-6, 2010; TBD

### CLASSROOM SESSION --- 2 ½ hours

#### A General Introduction...

- Boats & Boat Outfitting
- Shelter
- Clothing
- Cooking Gear
- Food & Meal Planning
- Hydration
- Loading it all in the boat
- Navigation
- Safety Equipment
- Human Waste Considerations

### ON THE WATER SESSION --- 1 Day, bring lunch

Review above topics and “inspect” each student's gear. Give pros and cons and share them with other students.

#### Practice Loading Boats

#### Risk Assessment Discussion

#### Day Paddle

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#### Discussion Topics at Lunch

- Setting Trip Parameters
- Choosing camping sites
- Group dynamics – agreeing on trip speed and intensity

### OVERNIGHT PADDLE

2 nights out in the San Juans, 6-12 miles per day

- Conditions permitting, changing campsites for 2<sup>nd</sup> night
- Tides & Currents Practicum