

INTRODUCTION TO KAYAK CAMPING CLASS OUTLINE

STRUCTURE

- one “classroom” session [location TBD, tentatively the Community Boating Center]; August 5, 2010, 6:30 – 9:00 pm
- one day on the water reviewing their gear and learning how to pack into boats; Lake Whatcom; August 14, 2010, 9:00 am – 4 pm
- two nights overnight trip using their skills to “pull off” their first kayak camping trip; September 4-6, 2010; TBD

CLASSROOM SESSION --- 2 ½ hours

A General Introduction...

- Boats & Boat Outfitting
- Shelter
- Clothing
- Cooking Gear
- Food & Meal Planning
- Hydration
- Loading it all in the boat
- Navigation
- Safety Equipment
- Human Waste Considerations

ON THE WATER SESSION --- 1 Day, bring lunch

Review above topics and “inspect” each students gear. Give pros and cons and share them with other students.

Practice Loading Boats

Risk Assessment Discussion

Day Paddle

Discussion Topics at Lunch

- Setting Trip Parameters
- Choosing camping sites
- Group dynamics – agreeing on trip speed and intensity

OVERNIGHT PADDLE

2 nights out in the San Juans, 6-12 miles per day

- Conditions permitting, changing campsites for 2nd night
- Tides & Currents Practicum