

# Inside Passage Expedition GEAR list

## **Safety gear:**

In addition to the SPOT satellite tracker, I had a GPS, a VHF radio and a cell phone. I had cell phone service regularly on the first third of the trip. After that, it was quite intermittent, with my longest stretch out of communication for about 10 days. I was able to recharge most of these devices with a compact battery operated charger made by a company called Tekkeon. It worked wonderfully. I carried a spare paddle and all the normal self-rescue equipment. I ALWAYS wore my PFD (life jacket) while on the water. Attached to my PFD was an emergency bail out kit. In the event I became separated from my boat I had the necessary survival equipment. In my kayak I carried, among many other items, a comprehensive first aid/trauma kit and a boat repair kit, which included copious amounts of duct tape. I had a mini arsenal of flares and various other signaling devices in the event I needed to be seen, heard or found in an emergency situation. I wore a wetsuit nearly every day. This was a good choice as I believe I would have shredded a drysuit. I wore my drytop on stormy or colder days. Altho not safety gear, I had both a deck mounted and hand held compass. 32 charts were required for my planned route, which were divvied up by sections, and mailed to me as needed. My most important pieces of safety equipment were my seamanship skills, my brain and at many times a good dose of common sense. These were all tested to their limits a time or two on this endeavor! Sometimes I “misplaced” my sense of humor. ☺

## **The other stuff:**

- Boreal Design Labrador sea kayak, *Chamellia*, 18’4” x 21, skeg, dayhatch, keel strip
- Kokat MsFit PFD
  - In pockets: 3 pencil flares, chap stick, sunscreen stick, nose plugs, water dye marker, signal mirror, hand-held compass, VHF radio...
  - Attached to pfd: storm whistle, knife, strobe, Brunton Sherpa, NRS hydration holster w/ bail out items, waterproof Pentax camera
- Bail out items: fire starter, flint lighter, reg lighter, space blanket, emergency stove w/ pellets, small metal cup, chia seeds, (hi energy, hi calorie) iodine tabs, energy bar
  - Werner Ikelos paddle, bent shaft, 215 cm, carbon fiber
  - Werner Cyprus – spare paddle, bent shaft, 215 cm, carbon fiber
  - SnapDragon neo/nylon sprayskirt
  - Cockpit cover
  - Bilge pump
  - Paddle rescue float
  - Rescue sling
  - Paddle tether
  - Towbelt (55”, made by NorthWater)
  - Sponge
  - Chart Case (charts, nav aid, plastic courser, pencil, sharpie, grease pencil, reading glasses)
  - Gaia waterproof Deck Bag, w/ various carabineers

- Fog horn
- Flare Gun
- Bear Spray & “Bear Bangers”
- Mesh backpack (for town days)
- Mesh duffel bag for carrying small items to and from camp (a must!)
- Crazy Creek chair
- Large Rite in Rain waterproof journal(s) – 3 total for trip, mailed in resupply boxes as needed
- Small Rite in Rain waterproof notebook (for deckbag)
- Deck Compass
- Binocs – West Marine, waterproof
- Headlamp, waterproof, xtra batteries
- IPod, w/ waterproof case and earbuds
- Sunglasses and spares, neoprene chums
- First Aid Kit/Emergency-Kit/Repair Kit
- Tent, Exped Venus 2-person, 4 season
- Exped Synmat 7 sleeping mat - CUSHY
- Tarp, with parachute cord and extra stakes
- Noah collapsible tarp/tent pole
- Sleeping bag – Mountain Hardwear Ultra Lamina women’s, 15°
- Space blanket (to function as extra tarp or ground cloth)
- Toiletry kit (toothbrush, floss, hair brush, make up – *kidding!!*)
- Vitamins & meds
- Towel (microfiber)
- Bandana
- Sunscreen
- Bug dope
- Thumb/wrist brace
- Potty bag (trowel, tp, wag bag)
- Pee bottle, Lady Jane/Whiz
- Folding saw
- Extra batteries
- wallet (canvas w/ beaner), w/ Canadian and American cash, debit card, 2 credit cards, Driver’s License, health insurance card, phone cards, spare car key, 2 checks
- PASSPORT
- Reading glasses
- Talisman good luck pouch
- HELMET (for Port Hardy to Shearwater stretch)

## **BOOKS & Related Resources:**

- ♣ *The Inside Passage* – Robert Miller (my “Bible” for the trip!)
- ♣ *The Wild Coast*, Volumes #2 & #3, John Kimantas
- ♣ BC atlas Volume 1
- ♣ 2010 Current Tables
- ♣ 2010 Tide Tables
- ♣ Laminated calendar pages
- ♣ Various copies, notes, gps coordinates for certain campsites, etc.
- ♣ Ferry schedule

## **Electronics:**

- GPS (Garmin Etrex) (2 AA batteries), waterproof
- VHF Garmin Radio (6 AA batteries), waterproof
- Olympus digital voice recorder (2 AAA batteries)
- Spot satellite tracker (2 AA batteries – LITHIUM), waterproof
- Cell phone in waterproof case, w/ earbuds (USB charger)
- iPod, with waterproof hard case and waterproof earbuds, USB charger cable
- Nikon CoolPix 10 MP camera in drybag (4 AA batteries – Lithium)
- Pentax Optio waterproof camera, 5 extra batteries, extra memory card
- Brunton Sherpa Device (anemometer, wind gauge, barometer, temp, time, etc.)
- Tekkeon charger for all USB devices
- Wristwatch, waterproof

## **Clothing:**

### While paddling:

- NRS 3 mil Farmer Jane wetsuit w/ relief zipper
- Boreal Exofleece bottoms (for warmer, calmer days)
- Thin long sleeve black fleece shirt, and/or thin white capilene long sleeve shirt and/or NRS micro tee
- BARE neoprene booties w/ seal skin waterproof socks or neoprene socks
- Extrasport drytop and/or Kokatat storm cag or Extrasport lightweight paddling top
- Kokatat rain hat
- Gloves: Chota Thin Skins, NRS Mystery Skin, NRS fingerless
- Mystery Skin skull cap w/ chin strap
- Black nylon baseball cap, w/ cap retainer

### On land:

- Extrasport rain/paddling pants
- Salomon lightweight rain jacket
- Fleece lined running tights, black
- Sporthill fitness tights, black
- Patagonia heavy weight fleece top

- NRS micro tee
- Patagonia puff fleece jacket
- Fleece vest, black
- 1 cotton tee shirt
- 1 pair of Kokatat nylon zip off pants
- Bathing suit
- Jog bra
- 3 pairs nylon underwear
- 1 pair wool socks
- 2 pairs sock liners
- 1 pair capilene glove liners, lightweight
- fleece hat & fleece ear band
- PJ's — thin cotton jammies and lightweight fleece top, fleece socks
  - ONLY for sleeping! Cozy... ummm...
- Keen's sandals with heel strap
- NRS woman's Descent Shoe/trail runner/town shoe

## **Kitchen Gear:**

Coleman anodized aluminum nesting pots

- 24 oz pot for boiling water/cooking
- 16 oz cup/mug for hot drinks
- small frying pan, doubles as lid

INSIDE this pot set fits:

Alcohol Stove (2)

Flint lighter

Bic lighter

Hurricane lighter

5 oz plastic fuel bottle

Wind screen

Chammy dish cloth

Plastic scraper

scrungie

Spork

Plastic lip protector for rim of cup

### **Alcohol Stove Fuel:**

Denatured alcohol – 1 quart square metal containers — Lasted about 1 week.

And/OR Heet bottles stuffed in nooks and crannies – 12 oz ea

1 30oz MSR Fuel Bottle

Square 1 pint Rubbermaid nalgene bottle for quick oat breakfast

Square 1 quart Rubbermaid nalgene water bottle (back up to Camel Back on PFD)

10 oz plastic booze flask

plastic, take apart wine glass

Cutting board, thin, plastic, pliable

Knife

Thermos

Iodine tablets (in first aid/E kit)

Blue heavy duty paper towels

Various bags, ziplocks, tinfoil, etc

Garbage bag (stuff sack, w/ plastic grocery bag liners)

Clothespins

Camp Suds

Spices:

Salt and pepper (non-humid)

Garlic powder and curry (double sided spice container)

Tabasco

Olive oil in small dark jar

Mrs. Dash

Cinnamon

Garlic –whole cloves

10 Liter Dromedary Water Bag

6 Liter Dromedary Water Bag

**FOOD** was mostly in double ziplock freezer bags and stored inside drybags and either hung or stowed inside hatches with **MOTHBALLS** to deter bears.