



W.A.K.E.

Whatcom Association of Kayak Enthusiasts



Annual Meeting/Potluck at Squalicum Boathouse

WHAT: Annual meeting, Xmas potluck, WAKE Board elections, silent auction, camaraderie

WHERE: Squalicum Boathouse

WHEN: Friday, Dec. 3rd, 2004 at 6:00 pm

BRING: Yourself, dishes to share, beverages

DIRECTIONS: Take Roeder Ave. (located behind the Marina) to Coho Way. Turn into Coho Way and then turn left onto Harbor Loop. Follow Harbor Loop to Zuanich Point Park.

The Boathouse is a stand alone building at the east end of the park. Mark your calendar! This year we've reserved the Boathouse to accommodate our growing membership. The Boathouse has enough tables and chairs to seat the entire club-at one time. WAKE will supply the turkey and

ham. Members will bring a dish to share-salads, side dishes to go with turkey or ham, and of course, deserts. The club will have plastic plates, cutlery and cups on hand, but you can bring your own place settings and whatever beverages you wish to drink. For those who haven't been there, the Boathouse, with a marvelous view of and located right on Bellingham Bay, is a newly constructed community building with

a gas fireplace, full kitchen, bathrooms, plenty of parking. We have room to accommodate everybody, so come and share an evening of food, laughter and fun with your kayak family. See you there!

A brief farewell from the WAKE President

My term as president ends on Dec 3rd and I am stepping down from the board at the same time. I want to thank and am especially grateful to, the

board and all of WAKE's volunteers who contributed so much to helping the club run smoothly. Without their efforts, being president wouldn't have been nearly the rewarding and pleasurable experience it has been. I hesitate naming any individuals in case I

forget someone. You met them all, volunteers at the swap meet, on Saturday paddles, multi day trip leaders, the Lummi island crews, skills instructors newsletter team, and webmaster. This club exists by volunteer effort and your new board needs your continued help. So when a call goes out please respond. Don't be shy or think you are too new to the club to be of use. Join the team! *Richard Cochinos*

November 16th club meeting
Fairhaven Library
Doors open at 7:00, meeting starts 7:30

Leon Somme & Shawna Franklin
Present a slide show of
Kayaking around Iceland

Our Mission Statement:

To further the enjoyment, knowledge, and safety of kayaking by providing training, a wide variety of trips, and social events to our members and the general public.

"No one goes hungry on a WAKE trip"

This Month's Meeting Featured Speakers Leon Somme & Shawna Franklin



For those of you who saw Bryan Smith's slide show of river kayaking in Nepal you will get to meet the other two partners of a fine Orcas Island kayaking establishment, Leon and Shawna. "Body Boat Blade International is owned and operated by three of the most qualified, dedicated, and passionate instructors in the Pacific Northwest. We want to share our knowledge, skill, and our love of paddling and the sea with you. We specialize in high quality instruction for paddlers at *any* skill level. Our certified instructors are committed to upholding the highest standards of coaching, leadership, and judgment in every program that we offer." In May 2003, Chris Duff, Shawna Franklin, and Leon Sommé, set out to circumnavigate this great island in four months time. They finished early - it took less than three months. Along the way they stopped to teach paddling skills to local clubs. They have an excellent website with some awesome pictures. I think this slide show should not be missed! Check it out at icelandexpedition2003.com

Join Wake's email Listserve

What is a Listserve?

A listserv is an automated emailing program that distributes messages sent to a central address to all subscribers. Only the originating email address is seen, keeping all other subscriber's addresses private. Unlike spam emails, only subscribers who have personally signed up will receive the emails and they will all pertain to WAKE or kayaking in general. Simply, we needed to find a way for WAKE members to communicate quickly, informally, and easily to facilitate the activities of the club and its members. It's easy to join, just go to the club website at wakekayak.org and click on Listserve. The instructions will walk you through the process. Welcome aboard.

Washington Water Trails Reports

Partnerships with the Washington Wildlife and Recreation Coalition

By Chris Landoll, WWRC

Washington Water Trails Association (WWTa) and the Washington Wildlife and Recreation Coalition have partnered to protect many special places. With support from WWTa members, the Coalition has leveraged over \$408 million for 650 recreation and conservation projects across the state since 1990, including \$35 million for water access projects such as Triton Cove State Park, Laughlin Cove, and Ala Spit along the Cascadia Marine Trail.

The Coalition helps city, county, and state agencies conserve sensitive lands and provide public access to our most beautiful waterways. In 2005, they will be lobbying Olympia lawmakers for \$3 million in state grants for new water access projects including:

Rockaway Beach - Bainbridge wants \$262,360 to purchase 220 feet of shoreline to give access to marine reefs.

Chinese Reconciliation Park - Tacoma seeks \$554,221 to restore shoreline and build a boat launch and picnic area on this former industrial site.

Fisherman Bay Spit - San Juan County seeks \$1.2 million to purchase and develop 30 acres on Lopez Island into a waterfront park.

Meydenbauer Bay - Bellevue seeks \$1 million to purchase 0.5 acres on Lake Washington to link Meydenbauer Beach Park with the marina.

South Lake Union Park - Seattle seeks \$300,000 to restore the shoreline, build a dock, and develop 1.2 acres into a waterfront park.

Funding comes from the Washington Wildlife and Recreation Program (WWRP), a competitive grant program created by the Coalition in 1989 and funded by the legislature.

You can help protect more great places like these by calling 1-800-562-6000 and asking your state legislators to fund these and other WWRP projects with a \$60 million appropriation.

You can find more information about the Washington Wildlife and Recreation Coalition at www.WildlifeRecreation.org or (206) 748-0082.

W.A.K.E. is whatever floats your boat



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Insurance for the Club

One subject that has come up before the Board during the past year has been general liability insurance for the Club covering the officers, instructors, trip coordinators, volunteers, and members. Upon investigation we found one company that offers insurance for kayak clubs. The American Canoe Association (ACA) offers liability insurance for paddle sports (canoe, kayak, and raft) with the following coverage:

Limits

General total \$5,000,000.

Personal injury limit/person 1,000,000.

Each occurrence limit 1,000,000.

Participant legal liability 1,000,000.

Premise damage limit 100,000.

Medical expense limit 5,000.

The policy duration extends from January 2, one year through January 2 the following year. The annual premium is \$20. per individual member or \$25. per family. Since this would be a significant increase in annual membership fees, the Board decided to submit the approval of this matter to the membership. For 2005, the Board agreed that WAKE would contribute \$10. of the member cost of the insurance premium. In 2006, the full amount of the premium would be due from each member.

2005 Dues Structure

Club Insurance Total

Individual \$20 club dues (\$10) (insurance payment). = \$30.

Family \$20. club dues \$15 (insurance payment). = \$35.

2006 Dues Structure (Assuming all rates stay the same)

Club Insurance Total

Individual \$20. club dues + \$20 (insurance payment). = \$40.

Family \$20 club dues + \$25. = \$45.

This is a standard policy and it is not possible to lower the premium by reducing the coverage.

Why Does the Club Need Liability Insurance?

The Club is responsible for an accident if the event organizers fail to prudently plan and supervise a sanctioned activity such as a Saturday paddle or a multi-day trip. I personally think that if we don't have this insurance protection, fewer members will be willing to volunteer to lead trips, serve on the Board or help out in other club activities. To my knowledge, no one has ever sued the club, its officers, or the Board, trip coordinators or volunteers. Your Board is divided on this issue, but it does agree that it should be put to all members for your vote. Please cut out and mail the ballot below to WAKE on or before November 30th.

BALLOT

I VOTE (CHECK ONE)

FOR THE ACA INSURANCE COVERAGE

AGAINST THE ACA INSURANCE COVERAGE

Name (print) _____

Signature _____

Please mail in this ballot to:

Mail to : WAKE

P.O. Box 1952

Bellingham, WA 98229 postmarked by November 30, 2004

Or email your preference to RichardCochinos@msn.com

Rain Happens (cont.)

by John Montgomery

As for camping in the rain, I have, indeed, learned a few things over the years.

- 1) Rain is irrelevant if you're in your boat paddling and dressed for immersion.
- 2) Kayaking in the rain may be depressing, but it's not dangerous. Wind is the important variable and it's often worse just before a rain starts or right after it ends. The sea is often very calm while the rain is falling. (but not always!)
- 3) Moving camp in the rain sucks. Consider switching to a hub-and-spoke trip, instead of moving camp every day.
- 4) A good tarp is an absolute necessity because it gives you a place to cook, change clothes, and hang out without being stuck in your tent.
- 5) It sounds redundant, but if you pitch your tent under a tarp, it really isn't so bad to make or break camp in the rain. Set the tarp up first and take it down last. If space is limited (as on a solo trip) I often ditch my tent and bring a bivy sack instead. The tarp is the key thing to bring.
- 6) For boat loading/unloading in the rain, use your emergency tarp to keep things dry on the beach. (Put gear on one half, then fold the other half over the top.)
- 7) Keep a chamios cloth (actually, a synthetic viscous hand towel) in your tent to wipe up water droplets from leaks or from climbing in and out of your tent. Also use the cloth to dry off water from your tent or tarp when you pack it.
- 8) Have fun! Build a big fire, get really warm, get naked, then take a salt water bath and rinse in the rain by the fire. Staying clean and warm makes a big, big difference in my ability to remain upbeat in depressing weather.
- 9) Collect rain water off your tarp either for drinking or for bathing. It's nice to have such an abundance of fresh water you can "waste it" washing your hair.
- 10) Never waste a minute of sunshine. If the sun is out and you're not paddling, get everything out and drying. String up a clothes line. Tow ropes make good clothes lines!
- 11) Books, MP3 Player, Cards.

PROPOSED RATING SYSTEM FOR FUTURE WAKE KAYAK TRIPS Andy Wallis

CONDITIONS / SKILLS

I. Wet exit ability or permission of leader. Expect protected waters, possibly light breeze. Current not a factor; easy landings.

II. Experience with wet exits, assisted rescues and bracing. Potential for enough wind to create waves. Wind waves of 1-2' might break over bow. Potential for some chop. Current to 1-2 knots. Easy to moderate landings.

III. Confident assisted and self-rescue abilities and bracing. May be swells, eddy lines to cross, moderate to strong wind effects, moderate to difficult landings. Current to 3-4 knots.

IV. Ability to brace automatically. Confident self-rescue ability; Eskimo roll preferable. Navigation skills. Expect some exposed water and crossings, moderate to strong currents, swells, moderate to strong wind effects for extended periods of time, moderate to difficult landings, possibly surf conditions.

V. Advanced paddling and seamanship skills. Self-reliant paddling and rescue skills. Dependable Eskimo roll ability. Possibly long crossings, rugged and/or exposed coast, large swells, surf, strong currents, turbulent water, difficult landings and/or strong wind effects.

STRENUOUSNESS / ENDURANCE

A. Daily paddling expected not to exceed three hours and/or 6 nautical miles.

B. Expect 3-4 hours and/or 6-10 nautical miles.

- C. Expect 4-6 hours and/or 10-15 nautical miles .
- D. Expect more than 6 hours paddling and/or more than 15 nautical miles.

Wake rating system

SPEED

- X. <3 Knots. Putsy Paddle. You may have a love affair with you sofa.
- Y. 3-4.5 Knots consistently. Average touring speed. You are in good paddling shape.
- Z. >4.5 Knots consistently. Working pretty hard, sweaty and tired. When the conditions get tough, you can shift into a higher gear. Last one home buys the beer! *Remember conditions can and do change mid paddle.*

Wake Classifieds—Be sure to check on the website for more and the most current ads

For Sale **1999 Kokotat Gore-Tex Dry Suit** (Men's Medium). Features relief zipper, over-skirt, reflective tape on the sleeves, but NO hood. Needs new neck gasket and booties. Only used about 20 times, mainly for rescue practice and winter surfing. (I'm 5'8" tall and it's too big for me. Suggest you be closer to six feet.) Mint condition. No delamination, no worn fabric, no cracks in the zipper, and no stains. \$500 firm. John Montgomery 360-468-3229.

For Sale: **Swift Sea Star 2** piece fiberglass paddle. Blade is modified to a symmetrical shape. 204 cm. New value is \$255, in good used condition \$102. Brand New Bending Branches beautiful wooden Sun Shadow two piece paddle with "Day" blade and carbon fiber ferrule. 220 centimeters. List price is \$200, selling for \$125. I also have other paddles I may decide to sell. Ken Rasmussen, 360 766 8720

For Sale: **Northwest Kayaks Seascape 2**. Stable, large volume, high Quality fiberglass double kayak with rudder. Cockpit covers included. Excellent condition \$1600 John Hudson 360-675-8455. 1317 SW Windsor St. Oak Harbor WA 98277

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In the Sehome Village Shopping Center
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(360)647-8955

Just have to do it: selling a 30+ year old Klepper Aeriis 2 (with rudder, expedition spray skirt, and sail rig). Well used boat, needs TLC from a loving new owner. (Need to clear out old unused boats in our kayak fleet) \$500. Also, we want to advertise for paddling partners for a 2 week kayak trip end of June to Petersburg, Alaska. Intermediate skills needed for a great wilderness location. Karen and Bob 758-7481.

WAKE thanks the following Companies:

Island Outfitters, Werner, Johnson Outdoors, and Snap Dragon have all committed to donations for the Christmas party!! Many thanks.

Calendar of Events

Nov 16 WAKE Monthly Meeting - Shawn and Leon from Orcas Island present paddling around Iceland

Dec 3 - Annual WAKE Meeting & Potluck - Time once again for our annual food and gab fest, featuring WAKE-provided ham & turkey, annual elections, a silent(!) auction, and more food than anyone should be able to eat.

There's a new location this year - the Boathouse at Zuanich Park, in Squalicum Marina. (new location!)

Jan 1 - Annual WAKE New Year's Day Paddle & Brunch If it's a new year, it's time for our annual paddle from Fairhaven to Squalicum Marina for brunch and back. What better way to shake off your hangover and celebrate the new than with a brisk paddle?

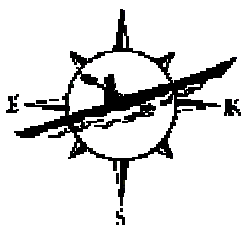
Pool sessions - Practice your old skills, learn new ones, or just soak in the sitz bath. Only \$3.50!!

Sun. 11:30am-1:00pm, Tues. & Thurs. 8:00-9:00pm NOTE: This is **NOT** a WAKE-sponsored event, it's an open time for all kayakers.

Every Saturday Short paddles in the Bellingham area. Beginners always welcome. Destinations are determined by the skill level and interests of whoever shows up, and, of course, by the weather.

For Fall: Electronic News Letters

If you would like to receive your newsletter via email, contact Norm Nielson at nordicnorm@comcast.net He will notify you when the WAKE newsletter is currently on our website with the link. Save paper and save club dollars!



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Membership Benefits

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10% off everything in the store except boats and sale items.
(360)299-2300
 - **Johnson Outdoors (Ferndale)**
10% off everything in the store
(360) 366-4013
 - **Rack Attack (Mt. Vernon)**
10% off all racks and systems
(360) 428-2665
 - **Wavelength Magazine**
\$5.00 off an annual subscription
(800) 799-5602
- (Be sure to take your latest newsletter showing your name on the label as proof of membership)

The W.A.K.E. Hierarchy

Richard Cochinos.....	(360) 671-4502	RichardCochinos@msn.com	President
Kristi Hug.....	(360) 676-4110	kristi_krunch@hotmail.com	Vice President
Andy Wallis.....	(360) 756-7553	awallis@johnsonoutdoors.com	Secretary
John Janney.....	(360) 933-1584	jjyak@aol.com	Trips Coordinator
Norm Nielsen.....	(360) 647-2531	nordicnorm@comcast.net	Treasurer
Ted Ullman.....	(360) 220-0044	tedullman@hotmail.com	Newsletter Editor
Tom Emrich.....	(360) 676-7515	webdude@wakekayak.org	Webmaster
Gene Davis.....	(360) 384-5745	kayakforever@yahoo.com	Speaker scheduler
Lisa Wallis.....	(360) 756-7553	Trekkin@fildalgo.net	DNR liaison
Kathy Rounds.....	(360) 966-2276	rounds@az.com	New Member Liaison

W.A.K.E. Membership Application

Name _____ Date _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Mail check to W.A.K.E. P.O. Box 1952 Bellingham, WA 98227. Annual dues are from 1/1 to 12/31. Membership is \$20/ household (\$10 After July 1st.)

WAKE

Whatcom Association of Kayak Enthusiasts
P.O. Box 1952
Bellingham, WA 98227

